THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018 HOSTED BY REVOLUTION FITNESS

ZITA MARIA MCCABE

ATHLONE POWERLIFTING CLUB BODYWEIGHT: 59.9KG WEIGHT CLASS: 63KG

SQUAT 95.0 KG

50.0 KG

DEADLIFT 132.5 KG

TOTAL **277.5 KG**

5-F-0-63-PL





Rob Burke

