

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## GRAHAM WHELAN

RPM FITNESS  
BODYWEIGHT: 107.8KG  
WEIGHT CLASS: 120KG

SQUAT  
**190.0 KG**

BENCH PRESS  
**125.0 KG**

DEADLIFT  
**250.0 KG**

TOTAL  
**565.0 KG**  
1-M-0-120-PL

Rob Burke  
President

