

THE IRISH POWERLIFTING FEDERATION JUNIORS & MASTERS NATIONAL CHAMPIONSHIPS 2018



3-4 NOVEMBER 2018
HOSTED BY REVOLUTION FITNESS

PAUL TAAFFE

HERCULES

WEIGHT CLASS: 105KG / AGE CLASS: M-M2

SQUAT
180.0 KG

BENCH PRESS
140.0 KG

DEADLIFT
185.0 KG

TOTAL

505.0 KG

3-M-0-105-PL

MALE M2 CHAMPION 2018

Rob Burke
President

