

THE IRISH POWERLIFTING FEDERATION JUNIORS & MASTERS NATIONAL CHAMPIONSHIPS 2018



3-4 NOVEMBER 2018
HOSTED BY REVOLUTION FITNESS

VITALIJS BORONENKO

A.B.S. POWERLIFTING
WEIGHT CLASS: 83KG / AGE CLASS: M-U21

SQUAT
212.5 KG

BENCH PRESS
137.5 KG

DEADLIFT
230.0 KG

TOTAL
580.0 KG

3-M-0-83-PL

Rob Burke
President

