

THE IRISH POWERLIFTING FEDERATION NATIONAL CHAMPIONSHIPS 2019



9–10 FEBRUARY 2019

GEINA MCGRATH

STRENGTH MILITIA
WEIGHT CLASS: 57KG

SQUAT
125 KG

BENCH PRESS
72.5 KG

DEADLIFT
162.5 KG

TOTAL
360 KG
4-F-0-57-PL

A handwritten signature in black ink, appearing to read 'Rob Burke'.

Rob Burke
President

