

THE IRISH POWERLIFTING FEDERATION NATIONAL CHAMPIONSHIPS 2019



9-10 FEBRUARY 2019

SEAN CROWE

STRENGTH MILITIA
WEIGHT CLASS: 120+KG

SQUAT
262.5 KG

BENCH PRESS
157.5 KG

DEADLIFT
315 KG

TOTAL
735 KG
1-M-0-120+-PL

Rob Burke
President

