

# THE IRISH POWERLIFTING FEDERATION MUNSTER CHAMPIONSHIPS 2019



20-21 APRIL 2019

## PAUL HEARNE

A.B.S POWERLIFTING  
WEIGHT CLASS: 120KG

SQUAT  
**167.5 KG**

BENCH PRESS  
**137.5 KG**

DEADLIFT  
**220 KG**

TOTAL  
**525 KG**  
7-M-0-120-PL

A handwritten signature in black ink, appearing to read 'Rob Burke'.

Rob Burke  
President

