

THE IRISH POWERLIFTING FEDERATION MUNSTER CHAMPIONSHIPS 2019



20-21 APRIL 2019

GEMMA KAVANAGH

KJ POWERLIFTING CLUB
WEIGHT CLASS: 63KG

SQUAT
120 KG

BENCH PRESS
75 KG

DEADLIFT
135 KG

TOTAL
330 KG
3-F-0-63-PL

A handwritten signature in black ink, appearing to read 'Rob Burke', is positioned above the printed name.

Rob Burke
President

